



Growing FAITH at home

FIRST
SUNDAY
IN LENT

YEAR A

When we are
tempted to sin,
God's Word gives
us strength
and help



growministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. How was Jesus tempted by the Devil in the desert? How did he respond?
2. What can we do as Christians to help resist temptation? What can we learn from Jesus' responses?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

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|----------|-------------------------------|-------------------------------|
| S | Matthew 4:1-11 | The temptation of Jesus |
| M | Deuteronomy 8:1-9 | We do not live on bread alone |
| T | Deuteronomy 6:13-19 | Do not test the Lord |
| W | 1 Corinthians 10:1-13 | Warnings about temptation |
| T | Genesis 2:15-17; 3:1-7 | The Fall |
| F | Romans 5:12-19 | Life through Christ |
| S | Psalms 32 | Sins are forgiven |

VERSE OF THE WEEK

People do not live on bread alone,
but on every word that comes
from the mouth of God.

MATTHEW 4:4



CREATIVE RESPONSE

Jesus says that our life depends not only on eating food but on every word that God speaks.

This week, connect God's word with your bodily eating by beginning each meal with a short Bible reading.

Ask those in your household to choose a favourite Bible verse to be read on a particular day of the week. If possible, display these verses on cards or a white board for all your household to see.



MEALTIME PRAYER

Loving God, thank you for giving us this day and our daily bread. Amen.



PRAYER

Lord God, give us a hunger for your Word, the Bread of Life. Amen.



ACTION RESPONSE

Genesis 2:15 says that God put Adam in the Garden of Eden to 'work it and take care of it.'

Volunteer sometime as a household to assist a neighbour with their gardening or outside cleaning, or to help maintain your church grounds or local recreation area.



BLESSING

May God keep you safe with his life-giving words, so that you stay strong in your faith.